



# CHICAGO CARDIAC ARREST RESUSCITATION EDUCATION SERVICE

## OUR MISSION

The mission of CCARES is to increase survival of sudden cardiac arrest victims in Chicago. CCARES will partner with City agencies, communities, and businesses to educate and raise awareness of the importance of bystander CPR and AED use.

When an adult's heart suddenly stops beating without warning, it is known as sudden cardiac arrest. About 1000 people every day in the U.S. suffer sudden cardiac arrest outside the hospital setting (termed out-of-hospital cardiac arrest, or OHCA). Survival after OHCA is dramatically increased by several factors:

- **Early EMS activation**
- **Early CPR**
- **Early Automated External Defibrillator (AED) use**
- **Early definitive care in the hospital**

## ACTIVE PROJECTS

Training 300 Chicago Area Runners Association (CARA) group leaders and 100 official Nike Bank of America Chicago Marathon pacers

Continuing education videos and E-Learning for 12,000 Chicago Police Department officers

Working with Chicago City officials and corporations to establish the "Donate an AED" program for areas of need

Implementing a Hands-Only CPR curriculum in all Chicago Public Schools

Training incoming undergraduate Northwestern University students during college orientation

E-Learning for all 47,000 Chicago Public School employees

Raising awareness for the general public, public servants, schools and universities, community organizations, and corporations

## CCARES is supported by:

American Heart Association • American Red Cross • Bank of America Chicago Marathon  
Chicago EMS Consortium • Chicago Fire Department • Chicago Medical Society  
Chicago Police Department • Illinois State Medical Society • Region V, Health & Human Services



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